

2011 Rockies Kick Seminar!

Registration and Deposit due Wednesday September 28th, 2011

| | REGISTRATION (Please Print): | | | | | |
|-----------------|--|--------------------------|-------------------------------|--|--|--|
| | NAME: | | | | | |
| | Address | | _ | | | |
| | Francisco Contoct. Novoc | Dalatianalda | Phone | | | |
| | Food allergies: | | | | | |
| | Food allergies: Special Diet Request: Age: _ Under 6 (free) _ 6-8 _ 9-10 _ 11-12 _ | Diabetic (I o | r II), Vegetarian, Vegan etc. | | | |
| | Age Olider 6 (free) 6-6 9-16 11-12 | 13-17 10 OI OVEL TA | RWOII DO IAIIK | | | |
| | For an overnight stay children under 11 – MUST | be accompanied by a p | arent or guardian. | | | |
| | Children 8 or under should be accompanied by a | ı parent or guardian for | all events. | | | |
| | | | | | | |
| | al information (Please check): | | | | | |
| Sex: | | | | | | |
| Ethnici | ty: | nic | ☐ Native-American | | | |
| | | | | | | |
| | SECOND PERSON (Please Print): | | | | | |
| | NAME: | | | | | |
| | Address | | | | | |
| | Emergency Contact: Name | Relationship | Phone | | | |
| | Food allergies:Special Diet Request: | | | | | |
| | Special Diet Request: | Diabetic (I o | r II), Vegetarian, Vegan etc. | | | |
| | Age: | | | | | |
| | For an overnight stay children under 11 – MUST | | | | | |
| | Children 8 or under should be accompanied by a | ı parent or guardian for | all events. | | | |
| 0 4 | Li C di (Di L L) | | | | | |
| Optiona Sex: | ul information (Please check): | | | | | |
| Sex. Ethnici | | nic | ☐ Native-American | | | |
| Linnici | y. | Asun | | | | |
| | TUIDD DEDCON (Places Drink) | | | | | |
| | THIRD PERSON (Please Print): | | | | | |
| | NAME: | | | | | |
| | Address | | | | | |
| | Emergency Contact: Name | Relationship | Phone | | | |
| | Food allergies: | | | | | |
| | Special Diet Request: Diabetic (I or II), Vegetarian, Vegan etc. | | | | | |
| | Age: Under 6 (free) 6-8 9-10 11-12 13-17 18 or over Tae Kwon Do rank | | | | | |
| | For an overnight stay children under 11 – MUST be accompanied by a parent or guardian. | | | | | |
| | Children 8 or under should be accompanied by a | i parent or guardian for | all events. | | | |
| 0 " | I. C. (P. D. I. I.) | | | | | |
| | ul information (Please check): | | | | | |
| Sex: | | mic | □ Nativa_American | | | |



| Basic Rates: Single person | | | | |
|---|--|--|--|--|
| | r (2 to 5 folks will be in one room) | | | |
| (Amazing price includes events, meals, Lodging a | | | | |
| ☐ \$100/person – Single Night in the retreat center (2 to 5 folks will be in one room) | | | | |
| (Amazing price includes events, meals, Lodging a | | | | |
| | 8 folks will be in one room in the cabin) | | | |
| (Amazing price includes events, meals, Lodging a | | | | |
| (Need to provide your own bedding or sleeping bag | bunk beds with mattresses are provided) | | | |
| □ \$90/child – Child (6-12) Rustic Rate in the cabin (2) | to 8 folks will be in one room in the cabin) | | | |
| (Amazing price includes events, meals, Lodging a | <i>nd</i> seminar T-shirt) | | | |
| (Need to provide your own bedding or sleeping bag | bunk beds with mattresses are provided) | | | |
| | | | | |
| (Includes all events on all days, and Lunch and Dinr | | | | |
| | stay | | | |
| (Includes all events on Saturday and lunch and dinn | | | | |
| □ \$30/person – For one session only (Friday night, Saturnation) | ırday morning, Saturday afternoon, or Sunday morning) | | | |
| (Includes event and meal afterwards) | | | | |
| \$25 extra for Lodging registration when registering | g AFTER Wednesday September 28th, 2011 | | | |
| Subtotal | | | | |
| Family Rates for those staying in the Cabin | | | | |
| (Amazing price includes events, meals, Lodging a | nd seminar T-shirt) | | | |
| (Need to provide your own bedding or sleeping bag | | | | |
| \$260 - Two Adult Rustic Rate in the cabin | , | | | |
| \$160 - Two Child (6-12) Rustic Rate in the cabin | | | | |
| \$330 - Three Adult Rustic Rate in the cabin | | | | |
| = \$210 - Three Child (6-12) Rustic Rate in the cabin | | | | |
| 350 – Two adult, two Child (6-12) Rustic Rate in | he cabin | | | |
| \$25 extra for Lodging registration when registering | g AFTER Wednesday September 28th, 2011 | | | |
| Family Lodging subtotal = Extra Meals and T-shirts (if NOT included in Meals planning on using: Fri. din Sat lun S | | | | |
| \$15 - For extra seminar T-shirts number@ | | | | |
| | extra shirt or for top three options that include a shirt | | | |
| \$7.50 – Adult Breakfast /each = subto | otal (only if NOT included above) | | | |
| \$4.50 Child Breakfast/each = subto | otal (only if NOT included above) | | | |
| \$9 - Adult Lunch/each = subto | otal (only if NOT included above) | | | |
| \$6.50 Child Breakfast / each = subto | | | | |
| \$12 - Adult dinner/each = subto | otal (only if NOT included above) | | | |
| \$9 - Child dinner / each = subto | otal (only if NOT included above) | | | |
| Extra Meals and Shirts = subto | otal Add all of above and T-shirts subtotal | | | |
| Total: | | | | |
| | + Extra M&S subtotal = | | | |
| \$35/person Deposit – required with your registration | + Extra M&S subtotal = for Lodging@ 35/each = deposit total | | | |
| Balance due Saturday Oct 1st, 2011 = Total | | | | |
| Children are considered 6 to 12 years old | | | | |

FREE - children under 6 years old.



IMPORTANT NOTES:

deposit per person to reserve lodging is due by <u>Wednesday September 28th, 2011</u>. (Deposit returned if cancel *before* Thursday Sep 29th, 2011) <u>Balance Oct 1st, 2011.</u>

Refund Policy

We have to pay a deposit to the Highlands a month beforehand and our minimum invoicing is determined 2-weeks beforehand. Therefore, we have the following schedule on refunds.

- Wednesday September 28th, 2011: deposits are due -- otherwise pricing for lodging goes up \$25.
- Thursday Sep 29th, 2011: last day to cancel and receive full refund.
- Saturday Oct 1st, 2011: full amount is due.
- Friday Sep 30th, 2011: last day to receive any refund (amount paid minus deposit).
- Tuesday Oct 4th, 2011: grace period for late payment ends. Additional \$15 fee added to payment after this date and/or reservations may be cancelled.
- Wednesday Sep 28th, 2011: Last day to reserve your meals.
- After Wednesday Sep 28th, 2011-- absolutely NO refunds can be made.

Send to: COBWAMA Please Make Checks Payable to (or pay on website):

PO Box 2507 COBWAMA -- Colorado Blue Wave Martial Arts

Longmont, CO 80502-2507

FOR ADDITIONAL INFORMATION or QUESTIONS PLEASE CONTACT:

Master Erik Kluzek (303) 772-6225

http://www.coloradobluewave.org/contact.html



Behavior Contract and Refund Policy

| Behav | vior Contract for Children and Youth |
|-----------------------|---|
| (unde | r 18 years old) Please check that you and your child understand the following: Alcohol will NOT be consumed at the event. |
| _ | Illegal drug use or illegal activities are not allowed and will be reported to authorities. Fireworks are NOT allowed. |
| - | Firearms or hunting are NOT allowed.Campfires, or use of fire will depend on fire danger level and may be prohibited. |
| _ | Children 10 and younger need to be accompanied by a parent/guardian (or designated adult)Children 11 and older can attend with parental permission. |
| - | Repeated, unsafe behavior will cause you to be ejected from camp without refund. We, ask you NOT to use offensive language or tobacco at group events. This is a family camp with children. |
| _ | Children must be supervised at all times because of the inherent dangers of the outdoors, the potential for drowning in streams, and the lack of immediate medical care. Violation of any of the above will cause you to be ejected from camp without refund. |
| Beha | vior for Adults |
| - - - - - | Alcohol will NOT be consumed at the event. Illegal drug use or illegal activities are not allowed and will be reported to authorities. Fireworks are NOT allowed. Firearms or hunting are NOT allowed. Campfires, or use of fire will depend on fire danger level and may be prohibited. Repeated, unsafe behavior will cause you to be ejected from camp without refund. We, ask you NOT to use offensive language or tobacco at group events. |

Colorado Blue Wave Martial Arts is a Colorado non-profit Corporation

This is a family camp with children.

We do not discriminate students on the basis of race, gender, religion, or political affiliation



Tentative Schedule:

| Friday October 7th, 2011 | 4:00 pm | ~ Arrival |
|----------------------------|-----------------------|--|
| | 5:00 pm | ~ FREE TIME Informal martial arts practice |
| | 6:00 pm | ~ Dinner |
| | | ~ Tae Kwon Do Session I (Sparring) |
| | 9:30 pm – 10:00pm | e e e e e e e e e e e e e e e e e e e |
| | 9:30 pm – 10:30 pm | ~ Kids games |
| | 11:00PM | – kids curfew |
| Saturday October 8th, 2011 | 8:00 am | ~ Breakfast |
| | 9:00 am | ~ FREE TIME |
| | 9:30 am -11: 30 am | ~ Tae Kwon Do Session II (Forms) |
| | noon | ~ Lunch |
| | 1:00 pm -1:30 pm | ~ Q and A and Autographs with Grandmaster Kim |
| | 1:30 pm - 3:30 pm | ~ Tae Kwon Do Session III (Kicking and Self-defense) |
| | 3:30 pm – 4:00pm | ~ Break |
| | 4:00 pm - 5:00 pm | ~ Tae Kwon Do Session IV (Targeting) (informal breaking) |
| | 5:00 pm – 6:00 pm | ~ FREE TIME |
| | 6:00 pm | ~ Dinner |
| | 7:30 pm – 8:30 pm | ~ Meditation training and Martial Memories |
| | 7:30 pm – 9:00 pm | ~ Kids' games (board games and dodge-ball) |
| | 11:00PM – kids curfew | |
| Sunday October 9th, 2011 | 8:00 am | ~ Breakfast |
| · | 9:00 am | ~ FREE TIME |
| | 10:00 am ~ 12:00 pm | ~ Tae Kwon Do Session V Kicking, stretching and cane- |
| forms | · | |
| | noon | ~ Lunch |
| | 2:00 pm | ~ Leave |
| | | |

What you can't do:

- Please do not bring any alcoholic beverages, illegal drugs or drug paraphernalia.
- Also, firearms, ammunition, and fireworks are prohibited...
- No smoking inside buildings or rooms.
- Please don't litter or leave a mess.
- There is NO cell-phone reception (the main office phone is 303-747-2888)
- No pets are allowed.
- No candles in sleeping areas.
- No food in sleeping areas.
- Vandalism, property damage, or graffiti will

What to be ready for:

- The training floor is lightly carpeted, and we may do activities outside consider brining training shoes.
- Outside temperatures around 40-50° F daytime to below freezing at night.
- Likely to be a few inches of snow on the ground outside.
- Please help us to clean our areas when leaving (there is an additional cleaning fee if we don't)
- Altitude of 8500 feet drink lots of water!

Bring bedding and towels (if staying in cabins rather than retreat center)



Driving Directions to Highlands Camp And Retreat Center

From Longmont, Ft. Collins, and the northeast Plains: Take I-25 south towards Longmont (from the Plains, you may need to take US 34 west to I-25, or I-76 west to US 34 west to I-25). From I-25, exit 243 places you on Colorado Highway 66. Take this highway west into Lyons, and take Colorado Highway 7 west toward Allenspark. Approximately 18 miles from Lyons, you will see the signs for Business Highway 7. Turn left toward Allenspark. Highlands Camp is on your left.

From Denver, Colorado Springs, Pueblo, and the southeast Plains: Take I-25 north towards Longmont (from the plains, you may need to take either US 40 west to I-70 west to I-25 or US 50 west to I-25). From I-25, exit 243 places you on Colorado Highway 66. Take this highway west into Lyons, and take Colorado Highway 7 west toward Allenspark. Approximately 18 miles from Lyons, you will see the signs for Business Highway 7. Turn left toward Allenspark. Highlands Camp is on your left.

From Denver International Airport: Take Pena Blvd. to I-70 west to I-270 west to I-25 north. From I-25, exit 243 places you on Colorado Highway 66. Take this highway west into Lyons, and take Colorado Highway 7 west toward Allenspark. Approximately 18 miles from Lyons, you will see the signs for Business Highway 7. Turn left toward Allenspark. Highlands Camp is on your left.

From Estes Park: Take Colorado Highway 7 south to Allenspark. Turn right at the second turn for Business Highway 7. Highlands Camp is on your left.

From the Mountains and further west: Take I-70 east to I-25 north. From I-25, exit 243 places you on Colorado Highway 66. Take this highway west into Lyons, and take Colorado Highway 7 west toward Allenspark. Approximately 18 miles from Lyons, you will see the signs for Business Highway 7. Turn left toward Allenspark. Highlands Camp is on your left.